

Building Bright Tomorrows... Today

Check out our new website at
www.oldmillcenter.org



**OLD MILL
CENTER**
For Children and Families
4515 SW Country Club Drive
Corvallis, OR 97333
(541) 757-8068
(541) 758-1030 fax
www.oldmillcenter.org

Our Mission

Old Mill Center for Children and Families is a community-based, family-oriented center helping children of diverse backgrounds maximize their potential through specially designed education and therapy programs.

Touchdown for Toys

Allied Waste Service, Corvallis Gazette Times & Albany Democrat Herald, Fidelity National Title, OSU Federal Credit Union, Samaritan Health Services, State Farm Insurance, Timberhill Athletic Club and Town & Country Realty are gearing up for the 9th annual Touchdown for Toys campaign! For every Beaver home game touchdown this season, Town & Country Realty and Co-sponsors will contribute toys and more to our children and youth during the upcoming holiday season. You can help with the season long toy drive for kids. Take a new unwrapped gift or monetary donation to one of Town & Country Realty's offices and help make the season bright for a child!

A Message From the Director

...Bev Larson, PhD

Dear friends,

November is here and the holiday season is upon us. Fortunately we still have resilient brilliant red, yellow and orange leaves despite the wind and rain which threaten to "fall" them.

Many of us associate the holiday season with family, friends and gifts - fragrant candles, warm fireplaces, soft lighting, get-togethers and football. Out my office window, I see that many Old Mill families are fighting the winds and rain of depression, anxiety, suicidal thoughts, abuse and neglect, autism and violence. Resilience also helps them hang on each day.

The past year has been difficult and painful. Individuals, businesses, and non-profits have all struggled. Old Mill has struggled to meet payroll and has done so only because our staff have taken ten days without pay, have forgone raises, and have worked extra hard. Old Mill friends and donors have been very important to our survival and to the families who need our services and are least able to pay for them. Old Mill has also been resilient.

Even resilience wears thin. For so many Old Mill children and families, they are not just struggling to put a roof over their heads and food on their table, but they are overwhelmed by the stress, anxiety and deep sadness that seem so common to families who come to us. All parents want to be good parents and raise happy children. We see an increased number of overwhelmed parents who display immobilizing depression and anxiety, have turned to the use of drugs and alcohol, and resort to violent outbursts at their children. Without help, these parents do not know how to be "good parents" and raise happy children. With your help Old Mill will continue to be here to welcome these parents, children, and teenagers into our warm inviting facility and provide them with the gifts of support, respect, hope, a safe place to vent and explore solutions, counseling,



management of medications, and resources to meet their needs with referrals to other agencies. From ten dollars to ten thousand dollars...each gift makes a difference!



Fireside Recital Series

Old Mill Center for Children and Families and the OSU Piano Program once again invite you to become a part of one of the most celebrated concert series in Corvallis. The Fireside Recital Series has provided an intimate showcase for the musical genius of both locally acclaimed and internationally celebrated artists. This season will be no exception!

2009 - 2010 Recitals Dates will be:

Saturday, December 12th, 7 pm, OMC Ramsay Room

A Festive Evening with Jessica Lambert, violin; Rachelle McCabe, piano; and Friends

Saturday, February 13th, 7 pm, venue tbd

An Evening for Sweethearts with Fred Korman, oboe; Rachelle McCabe, piano; and Friends

Sunday, April 25th, 4 pm, OMC Ramsay Room

Around the World in 80 Minutes - an eclectic concert of fine jazz, classical and klezmer music with Mike Curtis, versatile woodwind performer and composer; Annalisa Morton, oboist; Dave Leslie and Rachelle McCabe, pianists

We would like to thank our major series sponsor Barnhisel, Willis, Barlow & Stephens, P.C., as well as sponsors, Jayne Ackerman, MD., Richard Gretz Goldsmiths and Enoteca Wine Bar.

Tickets are \$150 per person with all proceeds to benefit Old Mill Center and the OSU Piano Program. To register go to our website at www.oldmillcenter.org or call 541-757-8068.



Thanks to our Donors

General donations June 15 - October 30, 2009

Carol Alley	George & Sue Keller
Jeff & Debbie Andrews	Carol Krakauer
Warren & Rona Baker	Sara & Aaron Liston
Meredith Baughman	Debbie Bird & Jeff McCubbin
Mary & Robert Becker	Ken & Nancy Medearis
Chris & Liz Bell	Network for Good
Pat Newport & Buzz Berra	Jim Oldfield
Ken & Julie Bielman	Dick & Arlene Outcalt
Robert & Marge Bromley	Jane Peterson
Larry & Linda Burt	Liz & Spencer Putman
John & Shirley Byrne	Mark & Alice Rampton
Bruce & Diana Carsten	Jane Rice
Dave & Sue Cook	Jack & Vera Richey
Marvin & Lauri Crocker	Jack & Marnie Ross
Dominic & Barbara Cusimano	Mary Alice Seville
Carly Davis	Roger & Cheri Sheldrake
Jim & Phyllis Eickelberg	Joyce Smith
John & Ellie Erkkila	Virginia Stanton
First Alternative Co-op	Ray & Genny Stephenson
Earl & Annetta Fleming	Jan & Fred Stutchman
Mary Fryer	Alan Sugawara
Paul & Sharon Goodmonson	Bill & Kathy Ten Pas
Jim & Mariellen Harper	Cliff & JoAnne Trow
Eric & Bonnie Helpenstell	Paul & Fran Valenti
Joe & Nancy Holder	Jim & Doris Van Olst



Help Us Put the "Ho-Ho-Ho" Back in the Holidays

Every year Old Mill Center helps families in need during the holiday season. As a recipient of toys from the "Touchdowns for Toys" drive, we have been able to brighten the season for many of the children we serve. Over the past few years, we have expanded this service through our "Adopt a Family" program. This year has been hard on many of our families and the need is greater than ever.

Thanks to the generosity of many of our supporters, each year the number of families we have been able to assist during the holidays has increased. Many of our donors have reached out by adopting a family in need, purchasing gifts for them. We've repeatedly heard from our sponsors, "We really don't need anything. We want to help others!" If you would like to help a family in need, please call Cindy Bond at 757-8068 or email her at cindy_bond@oldmillcenter.org. You may also choose to donate cash to assist in the purchase of gifts, food, gas or payment of utility bills for families in need. Thank you for helping and putting joy and "ho-ho-ho" back in the holidays.



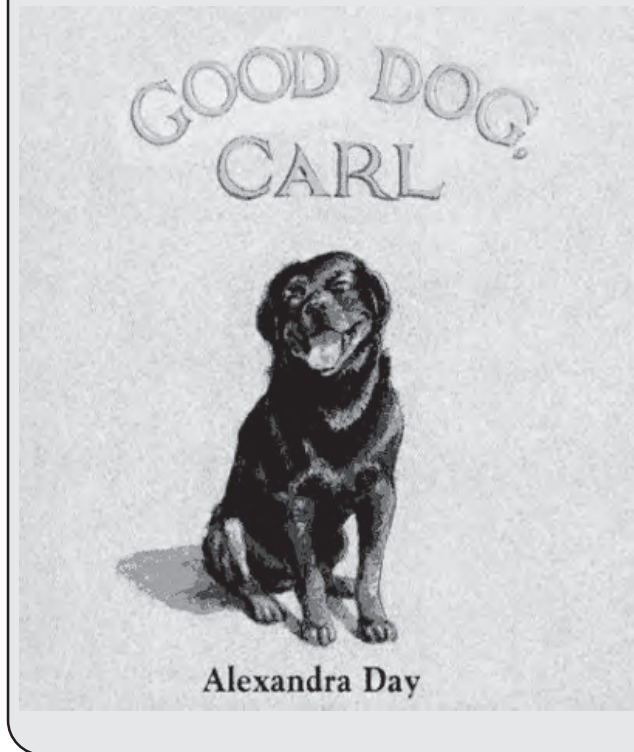
Wish List

- Paper shredder
- Parenting books
- Like-new loveseats
- Teen magazines, within the last year
- Children's painting smocks/small aprons
- Grand piano!!!



A Wonderful Literacy Event

The staff, children and families of Old Mill Center would like to extend its appreciation and thanks to the Corvallis Public Library and Grass Roots Book Store for bringing Alexandra Day and "Carl" to Benton County. What a wonderful way of sharing one of our best northwest children's authors with our community! We'd also like to thank the teachers, parents and children in the kindergarten and first grade classrooms from Ashbrook Independent School for joining us for our meet and greet session with Alexandra and Carl. It was wonderfully entertaining and a delightful time was had by all!



Memorial & Celebratory Donations

- Whitney & Jane Ball in memory of Walt Reeder
- Ken & Julie Bielman in memory of Bill "Dip" Sinclair
- Ken & Julie Bielman in memory of Mike Regan
- Ken & Julie Bielman in memory of Ralph Peterson
- Ken & Julie Bielman in memory of Fred Harem
- John & Alice Block in memory of Walt Reeder
- Corvallis Lions Club in memory of Gracie Shannon
- Eleanor Ewalt in memory of Walt Reeder
- Cynthia Spencer & Patrick Hadlock in memory of Walt Reeder
- Walter & Virginia Held in memory of Walt Reeder
- Alvah Hinton in memory of Josie Stevens
- Mary Ann & Virgil Jackson in memory of Josie Stevens
- Bill McNelly in memory of Josie Stevens
- Bruce & Melissa Moser in memory of Rheta Katrenics
- Cindy & Jeff Olson in celebration of Mark & Michelle Elton's marriage
- Cliff & JoAnne Trow in memory of Walt Reeder
- Deanna Watkins in memory of Josie Stevens
- Virginia Wold in memory of Walt Reeder



Communication Corner

... by Melinda Croft, MA, CCC-SLP

Did you know children are communicating long before they start to talk? When a child is exhibiting delayed speech and language, we look to see if the building blocks of communication are present. Some of these pre-linguistic behaviors are:

Eye Contact - A very important skill that is foundational to social-emotional development as well as communication.

Turn-taking - seen in synchronized eye contact and body movements between the child and caregiver.

Attention - Briefly attending to things and people in their environment, children need different levels of external reinforcement to maintain attention, some very little and some a lot.

Problem Solving - A child learns that their behavior effects change around them ("I cry and I get milk"). This is a powerful lesson in cause and effect.

Communicative Intent - A child may cry, point, reach, gesture or use another behavior to signify an intent to: answer, acknowledge, seek attention, comment, request objects or actions, protest, or greet.

Long before a child utters their first word, they have been communicating! If you have any concerns about your child's speech and language development, give our Speech Pathologist, Melinda Croft, a call at 757-8068 x148.



Harvest Music Festival

Old Mill Center for Children and Families and the Corvallis-OSU Symphony Orchestra regretfully decided not to host the Harvest Music Festival this fall. An event of this caliber requires significant charitable sponsorships, generous donations from restaurants, caterers, wineries/breweries, and gifts of time from talented musicians. These have been difficult times to ask for such generosity.

Please help us support these donors who have given so generously to make the Harvest Music Festivals very special events: Airlie Winery; Big River; Bridgeport Brewing; Corvallis Country Club; Fireworks; Greengable Gardens; Harris Bridge Winery; Harry & Annette's Fish; Iovino's; John Landers Salmon; Le Bistro; Le Patisserie; Magenta; Marjorie Lumm's Wine Glasses; McMenamins; Mexico Lindo; OSU Catering; Pheasant Court Winery; Sam Verdugo; Spice Islands Catering; Spindrift Cellars; Tyee Winery; and Valley Catering.

Plans are being made for next year's event and thank you in advance for your continued support!



United Way Day-of-Caring

September 25th was United Way's "Day of Caring" and early that morning a work group from Fiserv made its way down the bike path from it's building on Technology Loop to Old Mill Center for Children and Families. They eagerly and enthusiastically set about the tasks assigned to them - sealing the wooden play structure and planting shrubs. Volunteering is at the very core of community strength and vitality and we appreciate the commitment and the generous support Fiserv has shown in assisting local nonprofits and community programs, including Old Mill. As one of the children said, "Thanks for making our playground safe again." To borrow from State Farm Insurance, "Like a good neighbor, Fiserv was there!" So our heartfelt thanks go out to Kim Clark, Janice French, Traci Gay, Gilda Gier, Felicia Green, Eric Lindren, Helen Thaler, Bryan Tilley and Kelly Wright.



Board of Directors

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Carol Lee Woodstock	Woodstock's Enterprises, Inc.

Skinny Pig Out

Old Mill Center for Children & Families thanks everyone who made the 2nd Annual Skinny Pig Out sponsored by Starker Forests, Crystal Lake Public Storage and Barnhisel, Willis, Barlow & Stephens such a success. The event combined music by Ray Brassfield and the Lerts, food and beer by Block 15, wines by Airlie, and quilt raffle with a piece donated by Kate Vosburg, on a beautiful August evening for OMC friends to connect with each other and celebrate the important work that we do.

Old Mill honored our 08-09 Volunteers: Student Volunteer, Caleb Beckham; Parent Volunteer, Kristen Hiner; Friend of the Children, Ron Naasko; Business Sponsor, Starker Forests; and Skinny Awards, Jeff McCubbin and Dale Ramsay.

Thanks again from Old Mill Center - because of you this was our most successful Skinny Pig Out yet. We sincerely appreciate your kindness and generosity and hope to make it bigger and better next year.

★ Old Mill Center...
"We're here for you"



Creative and Artistic Expression for Moms

Do you have an interest in exploring your creative and artistic side?

Are you looking for inspiration to increase your ability to nurture yourself and your family?

Old Mill Center is teaming up with Christine Young to offer you a chance to:

- explore your creative and artistic side
- increase your self-awareness
- practice self-reflection
- learn about using different art media
- connect with other women and moms
- nurture yourself while your children are in school!



Instructor/Intern Christine Young has taught for 12 years in Waldorf Schools and is now studying Art Therapy Counseling and Nurturing Arts.

Starting November 9th, Monday mornings 9:30 am-11:30 am
 5 Week Session ends December 7th at Old Mill Center

This is a FREE service to the community.

Materials provided, or can bring your own.

Space is limited

Call DeAnna Roberts at 757-8068 ext. 144 to sign-up!



Beaver Raffle

OMC is thrilled to be raffling off a 4' tall waterproof fiberglass beaver painted by renowned local artist, Yuji Hiratsuka. The graphic work of Yuji Hiratsuka is a witty and original synthesis of old Japanese ukiyo-e tradition and modern Western elements and has not only conquered numerous awards in national and international competitions, but also the hearts of an international community of collectors. Yuji was born in Osaka, Japan. In 1978 he graduated with a BS in Art Education from Tokyo Gakugei University. Since 1992 he has been an Associate Professor at the Department of Art at OSU. This amazing and unique work of art could be yours!!! Look for him around Corvallis or purchase tickets online at www.oldmillcenter.org. \$5 each or 5 tickets for \$20 - Drawing May 8th, 2010



★ Old Mill Staff List

- Carol Alley AS, Office Specialist
- Olga Alvarez BS, Healthy Start Family Support Worker
- Malia Arenth MS, Child & Family Therapist
- Cindy Bond MS, Director of Educational Programs
- Donna Brown BS, Preschool Teacher
- Eveliina Calder Billing Specialist
- Jessica Carroll BS, Medication Case Manager
- Erica Crimp MA, Child & Family Therapist
- Melinda Croft MA, CCC-SLP, Speech Pathologist
- Heather Fredericks Classroom Aide/Facilities
- Jason Haas BS, Preschool Teacher
- Lee Harrington MD, Medical Director
- Jill Irwin MS, ITS Co-Coordinator
- Monika Jakubkova ITS Program Assistant/Nutritionist
- Keli Kuykendall MA, Director of Finance
- Bev Larson PhD, Executive Director
- Celeste Lopez Billing Specialist
- Ben Meade MSW, Child & Family Therapist
- Kendra Moser Childcare Provider
- Melissa Moser MS, LPC, Director of Clinical Programs
- Kirk Newburgh MBA, Director of Operations
- Annmarie O'Daniel MS, LPC, Child & Family Therapist
- Lin Parkison Development Assistant
- Lisa Penter Director of Development
- Nate Perry BA, ITS Program Assistant
- Kati Queener MA, Healthy Start Family Support Worker
- DeAnna Roberts MS, LPC, Outpatient Coordinator
- Amy Rowland MS, LPC ITS Co-Coordinator
- Tiffany Sauls MD, Child & Adolescent Psychiatrist
- Sadaf Siala BS, ITS Program Assistant II
- Makiko Suezumi MEd, Child & Family Therapist
- Kerrie Tarkinton Support Services Coordinator
- Tim Taylor PMHNP, Psychiatric Nurse Practitioner
- Medora Tuck MS, Healthy Start Coordinator
- Jian Wang BA, Accounting & Billing Coordinator
- Paul Winningham IT Network Support

*"Being a child is a hard job," said Joey, age 4.
 "I don't know how to do it."*

Please take this opportunity to make a difference in the life of a child like Joey ...to help make being a child a little easier.

- Yes! I will help make a difference.
- \$25 \$50 \$75 \$100
- \$250 \$500 Other \$_____



Please select a payment option:

- MasterCard VISA Check (Payable to Old Mill) Bill Me Monthly_____
- Card # _____ Expiration Date: _____
- Contact me at the address below regarding a stock donation
- In celebration of _____? In memory of _____?

Signature _____
 Print name _____
 My email address _____ Phone _____
 My home address _____



Mail to: Old Mill Center for Children and Families, 4515 SW Country Club Drive, Corvallis, OR 97333

"Building Bright Tomorrows... Today"