GRANDPARENTS AS S



Child -- Parent -- Relationship Training (CPR)

FREE Education and Support Group for Grandparents and Caregivers childcare, snacks, and beverages provided

When: Every other Monday, 1-3pm starting October 10th

- Where: Old Mill Center for Children and Families 1650 SW 45th Place, Corvallis, OR 97333
- Who: This group is designed specifically for people who find themselves parenting children ages 2-10 for the second time around

Register: Call Jo Robles at (541) 757-8068 Pre-registration is required and space is limited!

In 10 weeks, you will learn how to:

Regain a sense of control as a primary caregiver. Help your child develop self-control. Effectively discipline and limit inappropriate behavior. Understand your child's emotional needs.

Communicate more effectively with your child.

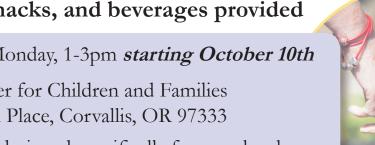
In 10 weeks, you will see a noticeable difference in:

Your relationship with your child. Your child's behavior. Your ability to respond effectively. Your confidence in your parenting skills.

Research shows that motivated caregivers can be as effective as professionals in helping their children! Child-Parent-Relationship (CPR) training is conducted in 10 weekly, 2-hour sessions. The atmosphere is friendly and accepting and the training is interactive, making it enjoyable and interesting.



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