

1650 SW 45<sup>th</sup> Pl Corvallis, OR 97333 (541)757-8068 www.oldmillcenter.org

## "Co-parenting: Children in Changing Families" This class is court mandated

"Co-Parenting: Children in Changing Families" Many divorcing parents experience a dilemma -- at the time their children are in most need of them, they are least emotionally available. This class helps parents focus on the needs of their children during and after a divorce. Parents will receive help in separating spousal issues from parenting issues. Topics include: grieving the loss and moving on, how children react to conflict, active listening, and other strategies to help kids and parents cope with divorce.

The fee for this class is \$45 per person. To register: call 541-757-8068 or select one date from the list below and complete the registration form at the bottom of this page. Enclose your check for \$45 made payable to Old Mill Center, and mail to the address shown above. **Exact** cash, debit, or credit cards are accepted the night of class. If the class you select is full, or if there are fewer than the required minimum number of participants registered for a class, we will call you to arrange another date. All classes are held at Old Mill Center from 5:00-8:00 pm. unless you hear otherwise; please attend the class you sign up for.

## **2019 Dates**

January 10, 24	July 11, 25
February 14, 28	August 8, 22
March 14, 28	September 12, 26
April 11, 25	October 10, 24
May 9, 23	November 14
June 13, 27	December 12

Childcare is not provided...if you arrive at the class with your child you will be asked to reschedule.

Old Mill Center offers education and treatment opportunities for children and families. We **cannot answer any legal questions** regarding your pending or past divorce, custody issues, or legal status.

Divorcing spouses must attend separate classes.		
σ	Registration Form	(Please Print)
Name	Spouse Name	
Address		
Email		
		Cell Phone
Date Reguested	Restraining Order in effect? No. 11 Yes, Against.	