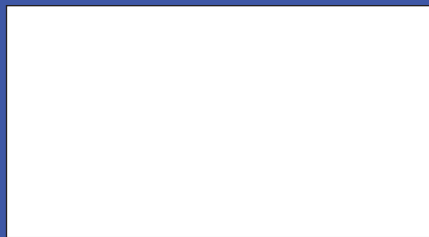




Old Mill Center for Children and Families
(541) 757-8068 www.oldmillcenter.org
1650 SW 45th Place Corvallis, OR 97333



Building Bright Tomorrows..Today

Yes!

I want to help
children and families
in our community!

Name: _____
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Please return to:

Old Mill Center
1650 SW 45th Place
Corvallis, OR 97333

Method of Payment:

☐ Enclosed is a check
for \$ _____

☐ Charge my credit card a
total of \$ _____

Card Number: _____

Exp Date: ____/____

Or donate online via our
secure payment system:

omccf.ejoinme.org/donate

**Thank you for
your support!**

Old Mill Center for Children
and Families is a 501(c)
(3) organization, and
contributions are tax
deductible to the extent
permitted by law.



Left to right: Bettina Schempf, OMC; Bill Crowson, Monroe
School District; Anne Schuster, OCF Rep.

Community Support: Oregon Community Foundation

Thank you to The Oregon Community
Foundation for a \$30,000 grant to help open
our Monroe Relief Nursery this fall.

This is a huge milestone for the project, but
the work is far from done—please help us
spread the word about the Monroe Relief
Nursery and help add seats for children and
families who need our services!

Join the Old Mill Center Magic Makers

Now giving is easier than ever.

Become a sustaining donor,
join the Magic Makers today!

- Hassle-free automatic donations
- Give monthly or quarterly
- Change your donations at any time
- Annual statement provided



To sign up, please visit

www.oldmillcenter.org/get-involved/magicmakers

Wishlist!

- Play clothes size 3T–6T
- Boys underwear size 3T–5T
- Sunscreen for children SPF 30+
- Household supplies (*dish soap, laundry detergent, toilet paper, etc*)
- Hygiene products (*toothpaste/ brushes, shampoo, conditioner, feminine hygiene*)
- Art & craft supplies of all kinds
- Weighted lap blankets
-these can be homemade!

community preschool

Now
Enrolling



Call 541-757-8068 for details



Lulu Makes Progress

One family's story of hope & healing

Lulu came to Old Mill Center as a result of unruly and unacceptable behavior in public school kindergarten. Early assessments of her behavior pointed to **severe trauma in the home that was affecting not just her, but all of the family.** Not long after beginning therapy sessions, it was determined that Lulu needed stronger support from Old Mill Center and she was placed in the Intensive Treatment Services program. Lulu spent several months with the ITS team helping her to learn self-regulation, appropriate assertiveness and active listening skills.

When ITS support was no longer needed, Lulu was able to go back to kindergarten and therapy sessions and take advantage of our clinician's home visits. It has been a long road for the whole family. Lulu's parents suffer from severe trauma and a history of drug use. For a time, they were homeless, the only income came from Lulu and her

parents standing on the street corner begging for money. They struggled to stabilize their lives. Overcoming their own fears of living in a community that holds them accountable for Lulu's well-being was new to them. They want the best for her and her younger sister. They are willing to accept the challenges to make the right changes for the whole family. With little work experience, Lulu's parents have struggled to generate legitimate adequate income. But, Lulu's dad knows that he can make a difference in their lives, if he can get his truck running to make deliveries in the community. **OMC, through Pay It Forward funds, has helped dad get the parts he needs.** It is a small gesture for the family, but one that is helping them move into a mainstream life, including allowing Lulu to attend public school and even be able to attend a year end swim party celebration. They are taking small but critical steps. There is hope where there was none before.

**"There is hope where
there was none before."**

-Liesl Rolston, OMC Clinician

There is still a long road ahead for Lulu and her family, but the foundation has been laid, and with help from OMC they are addressing the obstacles that have held them back for so long. Lulu is able to stay in public school, and the family is in a stable home. Her mom and dad are practicing more appropriate parenting skills and learning from their earlier mistakes so they don't repeat them with Lulu's younger sister. They are making progress and are focused on making a self-sustaining life for themselves. **As a result, Lulu and her sister now have a chance to break the intergenerational cycle of behavior in their family.** They have a path toward a brighter future.

Making it as Parents

A young family's story of resilience

Jessica and Cody joined the Healthy Families program in the winter of 2018. Jessica, 18 and Cody, 17 had discovered that they were pregnant just 8 months previous. Being pregnant and navigating the throes of high school was emotionally and physically challenging. The stigma placed on teen parents from society and school resulted in Jessica hiding her pregnancy for the first 6 months from both her family and her school. This decision delayed the typical prenatal visits that most moms-to-be receive. After the courageous choice to disclose the pregnancy to her family,

Jessica began to receive prenatal care and was quickly referred to the Healthy Families program.

Jessica and Cody became parents to Hunter James in January 2019. From day one the love for their child was evident. Both Jessica and Cody have continued to develop their parenting skills through weekly visits that provide hands-on parent-child activities to nurture Hunter's development and keep track of his milestones.

Soon after Hunter was born both Cody and Jessica made it clear that graduating high school with their original class was important to them. Through intensive goal planning, accessing tutors and online classes, and joining the teen parenting program at College Hill, both



Jessica and Cody met their goal in June 2019. Jessica is now enrolled to start classes in the fall at LBCC and Cody is working two jobs to help support his family.

Jessica and Cody's family is one of both strength and struggle—a true representation of what it means to be resilient. The growth I've witnessed from them as parents and as individuals is what drives me to continue the important work that Old Mill Center does with families in our community.

-Molly Paeth

Home Visitor, OMC Healthy Families Program



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Executive Director

Who are we?

Old Mill Center is a nonprofit organization providing early education, prevention, intervention, and therapy services to children and families in the community. Our programs include:

Healthy Families

Resources & in-home support for parents of children ages 0-3

Community Preschool

Preschool for children of all abilities, ages 3-6

Intensive Treatment Services

Psychiatric day treatment for children ages 3-6

Relief Nursery

Therapeutic program for at-risk children 0-6

Child, Teen & Family Counseling

Outpatient counseling for children ages 2-18 & their families

If you'd like to learn more or to help us provide critical services to families in our community, call (541) 757-8068 or visit oldmillcenter.org

OMC Volunteer Spotlight Lorrie Cleven

"I like when she rolls around,"

says a preschooler about our volunteer Lorrie Cleven. Lorrie is our longest Community Preschool Classroom Volunteer at Old Mill Center. She started out in the classroom as one of the students when she was a little girl. As she grew up, her road led her back into the same classroom. She has over 20 years of experience! Lorrie loves having special interactions with the kids. Her cerebral palsy has taught kids over those 20 years that everybody looks and/or moves in a different way.

At first, some kids are shy or uncertain about Lorrie because they haven't had an experience with someone different than themselves or their family. As Lorrie spends more time in our classroom around the kids, those kid's ideas about Lorrie fade away. They see her as our friend Lorrie. She's not any different in her abilities. The kids accept Lorrie and include her as part of our community classroom. They see Lorrie has some great talents!

Lorrie is always around the kids! She loves being a part of their group.

She's an extra set of eyes, ears, mouth, and hands. Lorrie's always watching for kids to pay attention and be safe while they are in her care. Our teachers are grateful she comes back week after week to support the classroom. "We can't do half the activities that we do without Lorrie," says one teacher. Lorrie leads our groups on walks to the Sunset Park boardwalk or around Starker Arts Park. She loves being the kids' leader! We love our volunteers!



Lorrie supervises kids on the playground

Straight from the Director

Summer greetings from us here at Old Mill Center.

In this newsletter we share some of the stories from the children and families with whom we work. Each story is unique and shows the amazing work that our clients do to learn, heal, and overcome barriers and challenges. We deeply believe that 'it takes a village to raise a child' and that we all need someone to believe in us. Our staff provides individualized services to each child, but also considers the family as an integral part of their work, bringing together other community resources to strengthen families.

We could not do this work without the support of the community. Through your tax dollars you fund contracts we hold with the State of Oregon for Early Childhood and Child Abuse prevention services and Medicaid Insurance payments; through donations and in-kind resources like books, art supplies, quilts, clothing, and attendance at our events you help fund services that are not covered by a contract or fee.

Thank you for being part of a community that cares for those who are vulnerable and in need of assistance and support.

-Bettina Schempf
Executive Director



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