



1650 SW 45<sup>th</sup> Pl  
Corvallis, OR 97333  
(541)757-8068  
www.oldmillcenter.org

# *“Co-parenting: Children in Changing Families”*

*This class is court mandated*

**“Co-Parenting: Children in Changing Families”** Many divorcing parents experience a dilemma -- at the time their children are in most need of them, they are least emotionally available. This class helps parents focus on the needs of their children during and after a divorce. Parents will receive help in separating spousal issues from parenting issues. Topics include grieving the loss and moving on, how children react to conflict, active listening, and other strategies to help kids and parents cope with divorce and separation.

**To Register:** Call 541-757-8068 or mail the form to the address listed below for Old Mill Center.

**The fee for this class is \$50 per person for classes after August 1, 2021. Payment can be made using the following methods:**

- Mail a check for \$50 made payable to Old Mill Center at least a week prior to the class
- Pay online with a credit card at oldmillcenter.org under the “Pay Bill” section
- Exact cash, debit, and credit cards are accepted upon check-in for in-person classes

**Location:** All classes are currently being offered remotely on a secure video platform, called Zoom to follow current social distancing and health care guidelines as we value our community’s safety. Classes can be attended from the comfort of your own home, an electronic device capable of video and sound is required to attend. Call or check the website page: www.oldmillcenter.org for updates on available in-person classes as guidelines from the Oregon Health Authority may change throughout the year.

**Time:** 4:30-7:00pm

**2021 Dates**

January 14, 28	July 8, 22
February 11, 25	August 12, 26
March 11, 25	September 9, 23
April 8, 22	October 14, 28
May 13, 27	November 11
June 10, 24	December 9

**Childcare is not provided...if you arrive at the class with your child you will be asked to reschedule.**

If the class you select is full, or if there are fewer than the required minimum number of participants registered for a class, we will call you to arrange another date.

Old Mill Center offers education and treatment opportunities for children and families. We **cannot answer any legal questions** regarding your pending or past divorce, custody issues, or legal status.

**Divorcing spouses must attend separate classes.**



**Registration Form**

**(Please Print)**

Name \_\_\_\_\_ Co-Parent Name \_\_\_\_\_

Address \_\_\_\_\_

Email \_\_\_\_\_

County of Residence \_\_\_\_\_ Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Date Requested \_\_\_\_\_ Restraining Order in effect?  No  Yes Against: \_\_\_\_\_