

1650 SW 45th Pl Corvallis, OR 97333 (541)757-8068 www.oldmillcenter.org

"Co-parenting: Children in Changing Families" This class is court mandated

<u>"Co-Parenting: Children in Changing Families"</u> Many divorcing parents experience a dilemma -- at the time their children are in most need of them, they

are least emotionally available. This class helps parents focus on the needs of their children during and after a divorce. Parents will receive help in separating spousal issues from parenting issues. Topics include grieving the loss and moving on, how children react to conflict, active listening, and other strategies to help kids and parents cope with divorce and separation.

To Register: Call 541-757-8068 or mail the form to the address listed below for Old Mill Center.

The fee for this class is \$50 per person. Payment can be made using the following methods:

- Mail a <u>check</u> for \$50 made payable to Old Mill Center at least a week prior to the class
- Pay online with a credit card at oldmillcenter.org under the "Pay Bill" section
- Exact cash, debit, and credit cards are accepted upon check-in for in-person classes

Location: All classes are currently being offered remotely on a secure video platform, called <u>Zoom</u> to follow current social distancing and health care guidelines as we value our community's safety. Classes can be attended from the comfort of your own home, an electronic device capable of video and sound is required to attend. Call or check the website page: www.oldmillcenter.org for updates on available inperson classes as guidelines from the Oregon Health Authority may change throughout the year.

Time: 4:30-7:00pm

2022 Dates

January 13,27	July 7,21
February 10,24	August 11,25
March 10,24	September $8,22$
April 7,21	October 6,20
May 12,26	November 17
June 9,23	December 8

Childcare is not provided...if you arrive at the class with your child you will be asked to reschedule.

If the class you select is full, or if there are fewer than the required minimum number of participants registered for a class, we will call you to arrange another date.

Old Mill Center offers education and treatment opportunities for children and families. We **cannot answer any legal questions** regarding your pending or past divorce, custody issues, or legal status.

Divorcing spouses must attend separate classes.

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	Registration Form	(Please Print)	
Name	Co-Parent Name		
Address			
Email			
County of Residence	Home Phone	Cell Phone	
Date Requested	Restraining Order in effect? □ No	☐ Yes Against:	