



1650 SW 45th PI
 Corvallis, OR 97333
 (541)757-8068
 www.oldmillcenter.org

***“Co-parenting:
 Children in Changing Families”***
This class is court mandated

“Co-Parenting: Children in Changing Families” Many divorcing parents experience a dilemma -- at the time their children are in most need of them, they are least emotionally available. This class helps parents focus on the needs of their children during and after a divorce. Parents will receive help in separating spousal issues from parenting issues. Topics include grieving the loss and moving on, how children react to conflict, active listening, and other strategies to help kids and parents cope with divorce and separation.

To Register: Call 541-228-5310, or mail the registration form to the address listed above for Old Mill Center, or email completed registration form to contact@oldmillcenter.org.

The fee for this class is \$50 per person. Payment can be made using the following methods:

- Mail a check for \$50 made payable to Old Mill Center at least a week prior to the class
- Pay online with a credit card at oldmillcenter.org under the “Pay Bill” section

Location: All classes are currently being offered remotely on a secure video platform, called Zoom. Classes can be attended from the comfort of your own home, an electronic device capable of video and sound is required to attend. Participants are expected to fully participate in the entire course and should plan with their work and childcare to do so.

Time: 4:30-7:00pm OR 6:00-8:30pm (participants will be notified of course time when they register).

2023 Dates

| | |
|----------------|------------------|
| January 12, 26 | July 13, 27 |
| February 9, 23 | August 10, 24 |
| March 9, 23 | September 14, 28 |
| April 6, 20 | October 12, 26 |
| May 11, 25 | November 9 |
| June 8, 22 | December 14 |

If the class you select is full, or if there are fewer than the required minimum number of participants registered for a class, we will call you to arrange another date.

Old Mill Center offers education and treatment opportunities for children and families. **We cannot answer any legal questions** regarding your pending or past divorce, custody issues, or legal status.

Divorcing spouses must attend separate classes.



Registration Form(Please Print)

Name _____ Co-Parent Name _____

Address _____

Email _____

County of Residence _____ Home Phone _____ Cell Phone _____

Date Requested _____ Restraining Order in effect? No Yes Against: _____