

1650 SW 45th Pl Corvallis, OR 97333 (541)757-8068 www.oldmillcenter.org

"Co-parenting: Children in Changing Families" This class is court mandated.

<u>"Co-Parenting: Children in Changing Families"</u> Many divorcing parents experience a dilemma -- at the time their children are in most need of them, they are least emotionally available. This class helps parents focus on the needs of their children during and after a divorce. Parents will receive help in separating spousal issues from parenting issues. Topics include grieving the loss and moving on, how children react to conflict, active listening, and other strategies to help kids and parents cope with divorce and separation.

To Register: Call 541-666-0931, or mail the registration form to the address listed above for Old Mill Center, or email completed registration form to contact@oldmillcenter.org.

The fee for this class is \$50 per person. Payment can be made using the following methods:

- Pay online with a <u>debit/credit card</u> at oldmillcenter.org under the "Pay Bill" section.
- Mail a check for \$50 made payable to Old Mill Center at least a week prior to the class.

Location: All classes are currently being offered remotely on a secure video platform, called **Zoom**. Classes can be attended from the comfort of your own home, an electronic device capable of video and sound is required to attend. Participants are expected to fully participate in the entire course and should plan with their work and childcare, as needed. We also ask that participants are not driving and have their camera on the entire course to show engagement. If participants are unable to fully participate, they may be asked to retake the course, at the discretion of the group facilitator.

Time: 4:30-7:00pm OR 6:00-8:30pm (participants will be notified of course time when they register).

2024 Dates

January 11, 25	July 11, 25
February 8, 22	August 8, 22
March 14, 28	September 12, 26
April 11, 25	October 10, 24
May 9, 23	November 14
June 13, 27	December 12

If the class you select is full, or if there are fewer than the required minimum number of participants registered for a class, we will call you to arrange another date.

Old Mill Center offers education and treatment opportunities for children and families. **We cannot answer any legal questions** regarding your pending or past divorce, custody issues, or legal status.

	vorcing spouses must attend separate classes.
0	Registration Form (Please Print)
Name:	Co-Parent Name:
Address:	
Email:	Would you like email communication encrypted? □ No □ Yes
County of Residence:	Phone:
Date Requested:	Restraining Order in effect? □ No □ Yes, Against: