

## Old Mill Center for Children and Families

offers a continuum of services from prevention to intervention for children and their families to maximize their potential. We focus on family centered early education, therapeutic intervention, counseling, and parent support.

Since 1977, Old Mill Center has been serving youth of all ages – typically developing children, those with disabilities and developmental delays, as well as children with social, emotional or behavioral problems. We recognize and celebrate each child's unique gifts and strengths. We offer a welcoming place for children and their families to grow and change in a nurturing and supportive environment

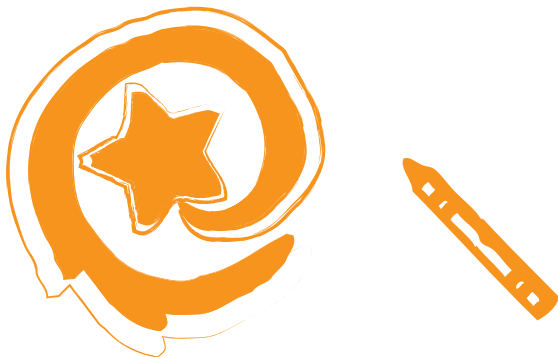
# Child, Teen & Family Counseling

Child, Teen, & Family Counseling is just one of our programs aimed at building a healthy and nurturing foundation for your child.

We offer these programs as well:

Healthy Families  
Relief Nursery  
Community Preschool  
Intensive Treatment Services

For more information about Old Mill Center and our programs visit our website or give us a call.



**1650 SW 45th Place**  
**Corvallis, OR 97333**  
**541.757.8068**

[www.OldMillCenter.org](http://www.OldMillCenter.org)



# Child, Teen & Family Counseling

## Issues that Child, Teen & Family Counseling can help with.....

- Abandonment
- Anxiety
- Depression
- Divorce
- Family issues
- Family violence
- Foster care
- Grief
- School issues
- Self harm
- Self image
- Sexual abuse
- Trauma

## Services

- Case management & consultation
- Family therapy
- Group therapy
- Individual therapy
- Skills training

**Services are funded through OHP, private insurance, grants and charitable donations.**

## Information on Child, Teen and Family Counseling

The Child, Teen & Family Counseling program helps children of all ages and their families find the opportunities for growth and improvement hidden in the challenges of life. Counseling has been shown to improve family relationships, reduce the impacts of trauma, navigate school difficulties, assist in accessing services in the community, and address many other concerns, bringing enrichment and comfort to families.

**“ I know I am not alone. ”**  
-Client, Age 14



## Appointments

Individual child, teen, family, and group counseling is available at Old Mill Center in SW Corvallis, conveniently located near bike paths and the 45th and Country Club bus stop.

Call one of our intake specialists at 541.757.8068 for more information or to make an appointment.

Old Mill Center accepts OHP and offers a sliding fee scale for the uninsured. No one is turned away.

