

Old Mill Center for Children and Families

offers a continuum of services from prevention to intervention for children and their families to maximize their potential. We focus on family centered early education, therapeutic intervention, counseling, and parent support.

Since 1977, Old Mill Center has been serving youth of all ages - typically developing children, those with disabilities and developmental delays, as well as children with social, emotional or behavioral problems. We recognize and celebrate each child's unique gifts and strengths. We offer a welcoming place for children and their families to grow and change in a nurturing and supportive environment.

Healthy Families

of Linn & Benton Counties

Healthy Families is just one of our programs aimed at building a healthy and nurturing foundation for your child.

We offer these programs as well:

Relief Nursery
Community Preschool
Intensive Treatment Services
Child and Family Counseling

For more information on Old Mill Center and our programs visit our website or give us a call.



www.oldmillcenter.org



Having a baby?

The Healthy Families program provides resources and in-home support for eligible families in Linn and Benton counties. We know being a new parent is hard, and babies don't come with instructions!

A Home Visitor is someone trained to work with families adjusting to parenting.

Home Visitors help families by:

- Sharing information on things like how to calm a baby, feeding practices, and making your home safe
- Giving suggestions on activities for the different stages of your baby's growth and development
- Connecting you with additional resources and support as needed
- Helping you find ways to have some fun, rest, and relaxation

Healthy Families is free for qualifying families.

Healthy Families

The mission of the Healthy Families program is to promote and support positive parenting and healthy growth and development for all parents and their newly born children.

Our Services:

Welcome Baby Visits include a needs assessment, gifts for your baby and information on child development, health, safety, parenting and community resources.

Established Home Visits by a home visitor offer continued family support and are available until your child is three years old.

Connections to Community Resources can provide help with basic family needs, parenting information, support and other needed services.



"It's nice to have someone to talk to who is knowledgeable and shares information about things like going back to work, pumping breast milk, and teething. Everyone has been very helpful... I really feel like I have support."

-Healthy Families Parent



**Healthy Families
Oregon™**

serving Linn & Benton Counties