



Healthy Families of Linn and Benton County

2019

Healthy Families of Linn and Benton County improves positive, nurturing parenting and builds healthy families and children.

Healthy Families Linn and Benton County is part of Healthy Families Oregon, a nationally accredited Healthy Families America (HFA) multi-site statewide program. HFA is an evidence-based model that improves outcomes for vulnerable children and families. HFA accreditation ensures local and statewide implementation of high-quality home visiting standards of practice for all HFO programs.

The goals of HFA include reducing child maltreatment, improving parent-child interactions, improving children's social-emotional well-being, and promoting children's school readiness. Highly trained Home Visitors accomplish these goals through 1:1 support to vulnerable families with new babies. Support continues until the child turns three years old, and in some instances through age five. Healthy Families Oregon is administered through the Early Learning Division (ELD) and the Department of Education.

Healthy Families of Linn and Benton Counties has offices in Corvallis at the Old Mill Center for Children and Families and in Albany.

Contact us at 541-757-8068.

In 2018, Healthy Families Linn and Benton County:

- Screened **144** families and served **89** families
- **3** families were eligible and wanted services but could not be served because program caseloads were full
- **71%** of families stayed in the program at least 12 months



Parenting Outcomes

In 2018, results show that after at least 6 months in the program, parents reported:

- *More Early Literacy Support*

72% of parents reported reading to their children daily.

- *Improved Quality of Parent-Child Interactions*

91% of parents reported that they engaged in positive, developmentally supportive interactions with their children.

- *Improved Parenting*

63% of parents reported improved parenting skills from enrollment to the 6-month follow-up.

- *Decreased Stress*

66% of HFO parents reported a significant decrease in parenting-related stress.

Health Outcomes 2018



98%

of children have had a well-child exam.



98%

of children have health insurance.



96%

of children received an age-appropriate developmental screening.



94%

of children had up-to-date immunizations.



98%

of children are connected to a primary medical provider.



100%

of mothers received early prenatal care for their subsequent births.

Healthy Families Linn and Benton County Highlights of improvement in 2018 compared to 2016

15% increase in the number of children receiving an age appropriate developmental screening.

12% increase in the number of children that are connected to a primary medical provider.

3% increase in number of children who had up-to-date immunizations

These data are reported in the Statewide Evaluation Results 2019: Healthy Families Oregon Status Report Tables. This report can be found on the following website: www.npcresearch.com

Additional information about Healthy Families Oregon can be found at <https://oregonearlylearning.com> and <https://oregonearlylearning.com/healthy-families-oregon>