

# Annual Report

2020-2021



Old Mill Center  
for Children & Families

# Director's Desk

Dear Friends,

As our staff gathered to review the year, one word came to mind: resilience.

This year can be summarized by unimaginable economic hardship and a once-in-a-generation pandemic. In the uncertainty, we found inspiration from the resiliency, adaptability and spirit of the families we serve and from our own team.

Our work reflected this spirit, and we met our community with adaptability. Each program developed new and creative methods to personalize our services and meet the unique needs of the families we serve.

When a family was unable to find enough paid work hours to support their six young children, our home visitor was there to provide parenting support and food box delivery.

When children came to us struggling with social isolation, anxiety and hunger due to the pandemic, we added a food pantry to our counseling services to ensure they were not going hungry during appointments.

The pandemic highlighted that every family's struggle is unique. Because of supporters like you, we saw our clients meet the year's challenges with adaptability, resilience and grit.

In deep appreciation,



Bettina Schempf | Executive Director

## Board of Directors

George Cuniff | Chair  
Quiltwork Patches (retired)

Nick Hurley | Vice Chair  
Corvallis Police Department

Jim Starker | Treasurer  
Investments

Shirley Blake | Secretary  
Community Member

Bruce Ashenbrenner  
Patterson Veterinary Supply  
(retired)

Yazmin Brambila  
Community Member

Katie Chambers Elliott  
Stahlbush Island Farms

Bronwyn Evans  
Edward Jones

Cyrel Gable  
LBCC (retired)

Kelly Locey  
Corvallis School District

Tari Morse  
Community Member

Madeleine Rudolph  
East Fork Corporation

Judy Starnes  
Corvallis School District (retired)

Amy Yardley  
Samaritan Health Services

Dave Zajicek  
Corvallis Radiology (retired)

# Who We Are



Old Mill Center for Children & Families is a community-based, family-oriented center empowering children and families of diverse backgrounds to optimize their potential through six specially-designed education and therapy programs.

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## A Year of Resilience

The pandemic has called all of us to dig deep into our resilience. Resilience is a concept that is core to prevention and community support. When we work with clients, we focus on building their skills in managing life events so that they can thrive. We work to strengthen their purpose, connections, adaptability and hope.

**Purpose:** Are you motivated? Do you have goals? What gets you going?

**Connection:** Do you have relationships with family, friends?

**Adaptability:** Can you roll with things? How flexible are you?

**Hope:** What tangible plans do you have in place to thrive?

# Healthy Families

Supporting healthy growth and development of newly-born children as well as fostering positive parenting skills for parents. Ages 0-3.



## The Story We Carry With Us

"The story we carry with us impacts how we parent, and how we don't want to parent. Having someone to rely on who just 'gets it' can make all the difference."

-- Healthy Families parent

When a single mom of infant twin girls and an 18-month-old son needed support, Old Mill Center's Healthy Families team was by her side. They provided onsite childcare, and helped her navigate the medical system to ensure she received the care she needed.

Over time, she felt more capable and more empowered to provide for her family's needs. She has now graduated from college, and is giving back to her community as a home visitor.

## Healthy Families Impact

92 Families Served | 23 New Families Enrolled | 47 Families Completed Services

# Relief Nursery

Providing a free and voluntary therapeutic early childhood program for at-risk children.  
Ages 0-6.



## Relief for Every Situation

By offering diverse services in creative ways to children and families struggling in our community, our Relief Nursery team meets families where they are at. Whether that be in families' homes, in therapeutic classes, or in offering respite, they create fun and loving environments where children can learn and grow.

When parents were unable to obtain enough work hours to support their six young children, our home visitor was there to provide parenting support and food box delivery.

When a family with two young children on the autism spectrum were struggling with work and home commitments, we provided vital transportation and childcare.

Every family's situation and needs are uniquely their own. Our Relief Nursery team responds by tailoring our support and services and meeting each family where they are.

## Relief Nursery Impact

77 Families Served | 146 Children Served | 612 Personalized Home Visits

# Community Preschool

Teaching children of all developmental and ability levels side by side for over 40 years.  
Ages 3-6.



## Matteo's Story

When Matteo, a rambunctious and fun-loving kid, first joined our preschool classroom, he struggled to communicate with his peers. He had a hard time making friends, often relying on hitting and biting to get their attention.

Over the course of this past year, Matteo has made friends, learned to show empathy, and dramatically reduced his aggressive behavior. If one of his friends is having a hard time, Matteo now seeks them out to provide support. Matteo went from not being able to sit still during circle time to fully participating: listening, singing, clapping, and responding to his teachers' questions.

We cannot wait to see Matteo's continued growth. Your support of Old Mill Center makes stories like his possible.

Community Preschool Impact

22 Children in Two Classes | 32 Families Served

# Child, Teen & Family Counseling

Providing individual, group and family therapy to children ages 2-18 and their families.



## Healing from Trauma Comes with Snacks

The physical and mental toll of COVID-19 cannot be understated. We have seen more and more children experiencing increased anxiety, increased stress, reduced social interactions with their peers, and less connection outside the home. Parents are struggling to make ends meet and juggling the many responsibilities of home, school and work.

Our Counseling team has met these challenges head on and is always adapting. With less access to food in schools, children were arriving at their counseling sessions hungry, irritated and unable to focus. When we created a snack cupboard in the counseling waiting area, children were able to eat—some for the first time that day—and be ready to work in their sessions.

Sometimes Old Mill Center's impact comes with snacks. It's small, meaningful changes like this that help us continue meeting the challenges faced by our clients.

Child, Teen & Family Counseling Impact

131 Children Served Each Month | Average of 616 Sessions per Month | 124 New Patients

# Intensive Treatment Services

Providing psychiatric day treatment for children with severe behavioral and emotional challenges. Ages 3-7.



## From Chaos to a Calmer Self

Our Intensive Treatment Services program provides psychiatric day treatment for preschool and school-aged children who have been unsuccessful at home or in typical preschool, childcare or public school settings.

Each child in our ITS program is waiting for their first chance at success. We give them that chance. Our teachers help children learn problem-solving and self-regulating skills, so they can interact with the world around them in safe and appropriate ways. Our classroom is designed to be a safe, consistent and enriching setting that fosters exploration and growth.

Our ITS team is rewarded when children successfully transition into mainstream kindergarten and elementary school classes. We are so grateful for the opportunity to be part of their journey.

## Intensive Treatment Impact

11 Children Served | 7 New Enrolled | 4 Children Transitioned



# Occupational & Physical Therapy

Offering children and families the specialized treatment and support they need to be independent and healthy.



## Complex Challenges, Unique Solutions

At age two-and-a-half, Kaya struggled to wear clothes with tags, refused to eat most foods and found it difficult to get through the day without breaking down.

Our Occupational Therapist evaluated Kaya and determined that the root of the issue was sensory. By working together and following a special desensitizing protocol, the therapist and Kaya's parents hoped for positive results.

Over many weeks and months, they watched Kaya progress. Today, Kaya is thriving. She wears her favorite clothes, tries new foods and loves to fingerprint.

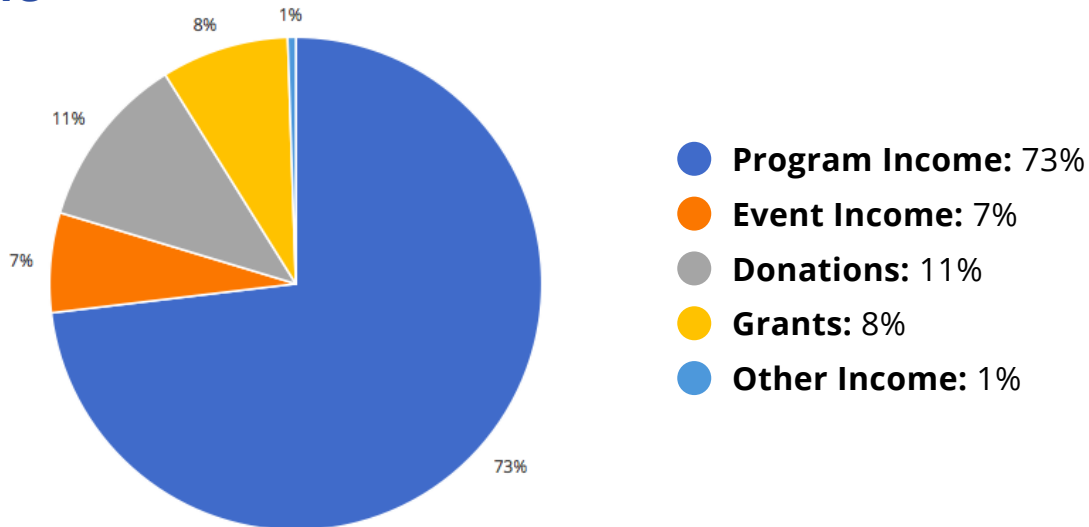
Navigating unknown challenges with young children is unnerving and scary. Old Mill Center provides the support and expertise to help.

Occupational & Physical Therapy Impact

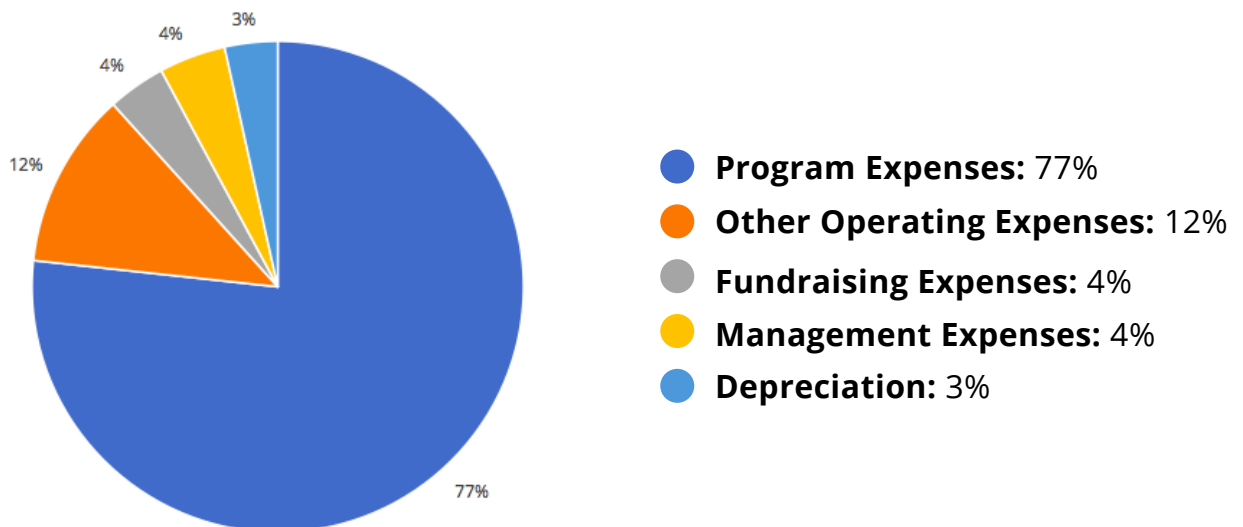
93 Children Served Each Month on Average | 179 Sessions per Month on Average

# Financial Snapshot

## Income



## Expenses



## Balance Sheet Summary

Current Assets:	\$995,901
Fixed Assets:	\$2,261,532
Other Assets:	\$1,998,404
Liabilities:	\$363,957
Donor Restricted Net Assets:	\$584,878
Other Equity:	\$4,307,002

# Supporters

Old Mill Center relies on the generosity of our community to provide the vital programming children and families need. Thank you.

## Giving \$1,000 or more

**70 Individuals & Family Trusts**  
**23 Companies**  
**2 Civic Groups**

## Giving up to \$1,000

**627 Individuals & Family Trusts**  
**19 Companies**  
**1 Civic group**

## In-Kind Donors

**73 Individuals/Families**  
**122 Companies**

## Volunteer Hours

**53 volunteers giving 4,130 hours**

### Grantors

- Autzen Foundation
- City of Corvallis
- Consumers Power Inc. Charitable Trust
- Corvallis Kiwanis Foundation
- Good Samaritan Social Accountability Fund
- Hewlett-Packard Foundation
- Kiwanis Club of Corvallis
- M.J. Murdock Charitable Trust
- Northwest Farm Credit Services
- Oregon Community Foundation
- OSU Folk Club Thrift Shop Foundation
- Pacific Power Foundation
- Siletz Tribal Charitable Contribution Fund
- Spirit Mountain Community Fund
- The Collins Foundation
- The Ford Family Foundation
- United Way
- Weyerhaeuser Giving Fund

### Donations in Memory of...

- James Aasum
- Robert Becker
- Pat Blair
- Dora, Eric & Hardy Boedtker
- Richard Chenier
- Sue Cook
- David MacArthur Cuniff III
- Jonathan Cupp
- Irving Dayton
- Jerry Duerksen
- Dottie Ferral
- Susan M. Frey
- Lolly Gast
- Ruth M. Howland
- Marilyn Hull
- George Keller
- Valerie Krantz
- Chuck Lane
- Bev Larson
- Skinny Larson
- Carl & Margie Ludwig
- Rob Lundgren
- John A. Martinsen
- Kathy (Kralj) McAllister
- John Peterson
- Walt & Marcia Reeder
- Alan Sugawara
- Eldon Younger, M.D.

### In Celebration of...

- Cynthia Boock & Steve Schiel
- Spencer Boock
- David & Caroline Charlton
- Michael Chen
- Susan Cook
- Katie Chambers Elliott
- Cyrel Gable
- Julia Guinn
- Tiffany Harlan & Grassroots Books
- Valerie Lake
- Bev Larson
- John A. Martinsen
- Brenna Nall & Andrea Baldwin
- Cheryl & Bill Narver family
- James Nusrala, M.D.
- Old Mill Center staff
- Maddie & Paul Rudolph
- Peggy Sorensen
- Jim & Lisa Starker
- Alan Sugawara



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