



# Building Bright Tomorrows... Today

## Message From the Interim Executive Director

**Celebrating 35 Years of helping  
Children and Families Thrive.....**

**Join Us For Another 35 Years!**



### *Making Holidays Brighter.....*

Asking for help is not easy. Asking for help because you cannot provide for your family is a blow to your self-esteem.

Over the past twelve years as the holiday season approaches, Old Mill Center for Children and Families has tried to ease the burden for families struggling to make ends meet. Last year alone, thanks to support from our community, we were able to provide holiday assistance to over 200 children!

We again need your help in supporting our efforts to assure that every child in need receiving services at Old Mill Center receives a toy and outfit for the holidays. How can you help? You can sponsor a child (or children) and purchase a toy and outfit. You can donate cash to our holiday family fund. You can purchase gift cards, such as K-Mart, Target, Fred Meyer, Amazon so that we can purchase items for our children in need.

Help put the "ho-ho-ho" back into the holidays for children and families in need. For more information as to how you can help call Cindy Bond at 541-757-8068 or email her at [cindy\\_bond@oldmillcenter.org](mailto:cindy_bond@oldmillcenter.org).

"A hundred years from now, it will not matter what your bank account balance was, the sort of house you lived in, or the kind of car you drove, but the world may be different because you were important in the life of a child."

This quote originated in a much longer segment entitled "Within My Power – The Power of One Man" written by a gentleman named Forest Witcraft. This sentiment may be even more important today than when it was first published in 1950.

I have often thought about my legacy; what I leave – both tangible and intangible - for future generations. What footprint have I left upon this Earth? Did I leave the world a little bit better than when I entered it?

Thirty five years ago, Old Mill Center was founded on a belief that children live up to their potential and we can grow that potential – with care, consistency, love, and respect. When Beverly Larson passed away in March of 2012, nobody had to wonder about her legacy. Everyday we walk into this beautiful building and can touch Bev's legacy. Every day I watch young children come into this building and I can see her legacy. Every week, the children participate in an amazing music therapy program and we can hear her legacy.

I recently had the privilege of writing a letter of recommendation for a young man from Corvallis who was applying to medical school. As I reviewed his many accomplishments and prepared to send letters to schools such as Johns Hopkins, the number one medical school in the country, I asked him about growing up in Corvallis. This young man attended pre-school at Old Mill Center. And, in that moment, I truly was able to feel Bev Larson's legacy.

Community members, partners, and staff have asked me about the future of Old Mill Center for Children and Families. They wonder and worry. In their minds, we are facing major changes. I do not wonder or worry; I see no significant change. Our compass continues to point to the true north set for us by Bev. Our foundation and our history are formed by caring for children and families; our future and our vision is about caring for children and families.

What is my legacy... well, to paraphrase the quote above: "Thirty five years from now, the world may be different because I had the honor to help continue Bev Larson's dream and legacy". I look forward to the next thirty-five years with each and every one of you – our children, our families, our volunteers, our staff, our partners, and our donors.

Alissa Craft, DO, MBA  
Interim Executive Director

## CONGRATULATIONS

OMC's Integrated Preschool Program  
on its Reaccreditation through the  
National Association for the Education of Young Children  
NAEYC!!!!

Way to go OMC

*Preparing children for Kindergarten for over 35 years!!!!!!*

**Call Today for Enrollment Information**



### Board of Directors

Janet Gambatese, Chair	Samaritan Health Services
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Patricia Dixon	Community Representative
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Tammy Thompson	Campbell's Cleaner
Bobbie Weber, PhD	Oregon State University

## Relief Nursery: A Year of Success

### Child Abuse Prevention Program

Old Mill Center's Relief Nursery recently celebrated its first anniversary after achieving state accreditation. In our first official year of service we served 79 families. In the first quarter of this year we have already served 67 families. Services include Therapeutic classrooms providing children 2-5 years of age with a nurturing environment focusing on social-emotional support; parent support groups combining mental health and parent education support with child care provided, home visits, resource and referral assistance, transportation assistance and a resource closet offering access to clothing for children birth-age six, food and things one cannot buy with food stamps, such as diapers, wipes, personal hygiene and cleaning supplies and paper products. While state funding helps support this program, we depend on grants, contracts, donations and fundraising events to fully fund the all-important core services.

While Relief Nursery staff demonstrates daily their passion and belief in this amazing prevention program, it is the testimony of parents receiving services that shows the impact the program makes.

We thank our partners and community members for their support as we fulfill the Relief Nursery mission of keeping children safe while helping to build strong and resilient families.

***"Relief Nursery has given me the opportunity for self-care and to complete tasks that are difficult to do with a busy two-year old. It expands the 'village' to help raise my child. It helps me be the best I can be."***  
~ Relief Nursery Parent



**Pre K Classroom: Starker Forest Field Trip**



# Thank You Donors

July 1, 2012 - October 5, 2012

We apologize for any error or omissions in our donor list

The Ball Studio	Ken & Paula Krane
Barnhisel, Willis, Barlow & Stevens PC	Sid & Judy Lasswell
Campbell's Cleaners, Inc	Dr. Craig & Nancy Leman
Crystal Lake Public Storage	Dorette Lemon
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First Alternative Co-op	David & Susan Livingston
HP Company Foundation	Logan & Jay Logendran
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United Way of Linn County	Cy & Cynara Stadsvold
Vacation Church Workshop	Alan Sugawara
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Heather Bonin	Charles & Freda Vars
Wayne & Mary Burck	Len & Barbara Weber
Sally Byrd & Luiz Bermudez	Sandra Willis
John & Shirley Byrne	Mardell Wolf
Doreen Carpenter	Carol Lee Woodstock

## Welcome New Staff:

**Jenna Borowski, Relief Nursery; Jordyn Davis, RBV Interventionist; Courtney Denson, Relief Nursery; Tim Glascock, ITS; Joey Elcano, Child & Family Therapy and Sumalathan Bhumireddy, Relief Nursery**

## 26th Annual Fireside Recital Series

### Thank you Sponsors

Barnhisel, Willis, Barlow & Stevens, PC

Jack & Kay Enbom

Jayne Ackerman

Trader Joe's

Join us for our next Recital: March 10th

**"It's our support network since we don't have one with our own families, and our daughter gets to have interactions with kids her own age."**

~ Relief Nursery Parent

## Old Mill Center Staff

Alicia Larson	BS	Integrated Preschool Co-Teacher
Alissa Craft	DO	Interim Executive Director
Aubrey Wyant	BS	Relief Nursery Childcare Infant/Wobbler Lead
Bonnie Smit	BS	Intensive Treatment Services Program Assistant
Caroline Fisher	MD	Child & Adolescent Psychiatrist
Cindy Bond	MS	Relief Nursery Director
Cori Deatherage		Relief Nursery Child Care Worker
Courtney Denson	BS	Therapeutic Classrooms Assistant Teacher
David Carter	LCSW	Clinical Manager
Derek Gale	LCP	Child & Family Therapist
Donna Brown	BS	Integrated Preschool Co-Teacher
Erica Crimp	LPC	Child & Family Therapist
Ernst Laemmert	MS	Intake & Medical Coordinator
Eveliina Calder		Billing Specialist
Gretchen Thielman	MS	Relief Nursery Outreach Worker
Heather Fredricks		Facilities Tech
Jenna Borowski	B Ed	Relief Nursery Childcare Lead Teacher
Jennifer Becerril	BS	Healthy Start Home Visitor
Jerilyn Opoien	BS	Assistant Director of Development
Jian Wang	BS	Accounting Technician
Jill Irwin	MS	Intensive Treatment Services Education Manager
Joey Elcano	MS	Child & Family Therapist
Jordyn Davis	BA	Relationship Based Visitation Interventionist
Kerrie Tarkinton		Operations Director
Lee Harrington	MD	Medical Consultant
Lise Odden	MS, MA	Child & Family Therapist
Lynda Rhoads	BS	Intensive Treatment Services Program Assistant
Malia Arent	MS, NCC	Child & Family Therapist
Medora Tuck Stevens	MS	Healthy Start Coordinator
Megan Irwin	BS	Relief Nursery Therapeutic Toddler Classroom
Michele McClarnan	AA	Billing Specialist
Nate Perry	BA, QMHA	Intensive Treatment Support
Olga Martinez-Alvarez	BS	Healthy Start FSW
Stephanie Fawcett	BA	Office Specialist
Sumalathan Bhumireddy	MA	Relief Nursery Childcare Aide
Terrie Graham	MA	Child & Family Therapist
Tim Glascock	BA, QMHA	Intensive Treatment Support



Starker Forest Field Trip

## Upcoming Events:

October 22nd & 23rd: Pastini Pastaria Dine Out



November 17th: Toy Factory Give Back Night

December 8th: Pictures with Santa

December 10, 11 & 12th: Ruby Tuesday Dine Out



www.oldmillcenter.org for more information

## *Child & Family Therapy We Are Here For You!*

Our growing Child & Family Therapy services now offer individual, family, and group counseling options. We have experienced licensed therapists specializing in child & adolescent mental health. Should it be anxiety, depression, abusive parents, loss of a loved one or simply trouble focusing in school. We offer psychiatric services, for children as young as 3 years old including management of medications.

We accept Oregon Health Plan and private insurances.

*Please contact us for additional  
information or an appointment.*

## Wish List

- Pull-ups and diapers, sizes 4-6
- Baby formula
- Toilet paper
- Laundry soap/fabric softener sheets
- Dish soap
- Stickers
- New children's board books
- Children's books in Spanish
- Coffee
- Large electric tea pot
- Gold/silver tempera paint
- Bird seed (deluxe mix from Wild Bird's Unlimited)
- Bird bath
- Gift Cards: Book Bin, Fred Meyer, Toy Factory, Garland, Kmart, Amazon, Home Depot, Office Max
- AA & AAA Batteries
- Velcro
- Wall clock
- Gallons of washable tempera paint
- Washable Loveseat Cover (brown, green, or blue)
- Baby changing table
- Changing table sheets
- Bopie pillow/cover
- Baby Swing
- Pack-n-play
- Pack-n-play sheets
- Avent baby bottles & storage bags
- Baby receiving blankets

## SAVE THE DATE

# *Kick Up Yer' Heels for Old Mill Center*



## 33rd Annual Auction Saturday, May 4th, 2013

Would you like to donate? Contact Jerilyn Opoien at  
541-757-8068 or [jerilyn\\_opoien@oldmillcenter.org](mailto:jerilyn_opoien@oldmillcenter.org)

**"Old Mill Center is such a great place for me" .....Said Ava, age 5.**

Please take this opportunity to make a difference in the life of a child like Ava

I would like to make a donation of \$ \_\_\_\_\_  
\_\_\_\_\_ General Donation ~ In Memory of \_\_\_\_\_

\_\_\_\_\_ Checks payable to Old Mill Center \_\_\_\_\_ Visa \_\_\_\_\_ M/C

Card Number \_\_\_\_\_ Exp \_\_\_\_\_

Signature \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_



Please mail form and donation to: 1650 SW 45th Pl Corvallis, OR 97333