

Progress Notes- Fine Motor
September and October 2013

Name:

Fine Motor skills are developed through the use and control of the small muscles in our hands. We practice these skills through various activities that promote eye/hand coordination, manipulation, visual perception, pre-scissor and scissor skills, oral motor planning, hand opposition, and crossing the midline.

If the skill is highlighted your child has met that skill at least one time.

If the skill has not been highlighted it means it has not yet been met or the activity was done on a day your child was not at school.

- Uses one finger to paint on paper
- Uses more than one finger to paint on paper
- Uses fingers on both hands to paint on paper
- Identifies a shape on paper (leaf or apple)
- Hammers golf tees into dots on paper in sequence
 - with assistance
 - independently
- Removes golf tees from the foam
- Holds the paintbrush using a mature grasp
- Steadies the paper with one hand while painting with the other
- Holds a stamp in one hand while painting the stamp with the other hand
- Makes prints on paper with the stamp, securing the paper using the opposite hand
- Dips sponge in paint
 - with assistance
 - independently
- Uses scissors to make snips
- Cuts on a 6 inch line
- Cuts on a curved line
- Cuts out a shape
- Picks up small items using opposition
- Connects two small items together using both hands
- Takes apart connected items
- Spontaneously request a color to paint with
- Uses two hands to put paint on the paper and make a print
- Uses one hand to put paint on the paper and make a print
- Blows a hollow tube to a matching picture
 - 1 foot away
 - 3 feet away
 - 6 feet away
- Strings pieces of pasta on a string
 - with assistance
 - independently
- Strings more than five pieces of pasta on a string
- Uses fingers to manipulate shaving cream
- Uses two hands to manipulate shaving cream
- Blows air through a straw into a glass, making bubbles

- Uses four fingers and thumb of both hands to squeeze glue bottle
- Uses two fingers and thumb of both hands to squeeze glue bottle
- Controls flow of glue
- Cuts out a tree
- Cuts out a tree within a $\frac{1}{4}$ inch of the line
- Picks p pieces of tissue paper using opposition
- Crumbles tissue paper using two hands
- Uses a spray bottle with adult assistance
- Uses two hands to spray a bottle
- Uses three or four fingers of one hand to spray with a bottle
- Uses two fingers to spray a bottle
- Laces string through holes completing half a bear
- Laces string through holes of entire bear
- Paints using an ice cube, crossing the midline of the paper
- Holds the paper with the opposite hand, while painting across the midline
- Makes clear paint prints with objects
- Uses four fingers and thumb as a unit to hold the paintbrush
- Uses thumb against side of index finger to hold the paintbrush
- Uses pad of thumb against pads of index and middle fingers to hold the paintbrush
- Uses pipette to color starch
- Tears off pieces of tape using two hands, one to tear, one holding the dispenser
- Colors small portion of a bear
- Colors most of their bear
- Cuts out bear independently
- Puts one to four nubby rings on fingers of one hand to paint
- Puts 5-8 rings on fingers of both hands while painting
- Scoops rice into a container
- Shakes containers to color rice
- Holds golf tee with one hand, while hammering with the other hand
- Dips paintbrush in paint and taps on edge of cup to remove excess paint
- Paints a picture, covering most of the picture
- Paints recognizable features on their pumpkin
- Uses two hands to pound the clay with a hammer
- Uses one hand to pound the clay with a hammer
- Cuts with assistance
- Cuts within $\frac{1}{2}$ inch of the line
- Uses paint roller with two hands, crossing the midline
- Uses paint roller with one hand only, crossing the midline
- Glues overalls, pocket, buttons, and eyes on their Corduroy bear
 - Draws facial features on bears with a marker
- Holds q-tip and dips into paint
- Uses q-tip to dot blueberries onto paper
- Spreads colored butter on bagels with a spreader
- Holds crayon with a mature grasp