

Screen Time!

What's Good, Bad, or Too Much?



Held on Tuesday, October 15, 2019
One night workshop – Free to Parents

6:30-8:00pm



Ramsay Room, Old Mill Center, Corvallis
Free child care and snack available



Taught in Partnership with Old Mill Center
and the Parenting Success Network



Please call (541) 917-4884 to register
and to reserve free on-site child care

Strategies for Plugging Into Healthy Technology

Our children are spending more time on smartphones, tablets, and computers. Teachers and parents are growing increasingly concerned about how all this screen time will affect our children's lives. We will explore how to encourage children (birth – age 5) to practice self-control, self-regulation, and unplug from unhealthy distractions and plug into good ones!



Richard Halpern, M.A. has over 25 years' experience working with families in schools and non-profits. He teaches Parent Education for Multnomah Family Court and is certified as a Positive Discipline Parent Educator.

